

An Invitation for You  
Newcomers & All OA Members

Join Us

Thursdays 7:00-8:00pm  
Avenel 1<sup>st</sup> Presbyterian Church Annex  
A Foundation Meeting  
Steps 1.....2.....3

Each week we study one of the "foundation" steps (1, 2, and 3), using a variety of literature, writings, tapes, speakers, and sharing our experience. Everyone is invited, newcomers as well.

"Weekly step study meetings are most important for all, even the old-timers. Not one among us has completed the program and can graduate. These simple steps will continue to increase our spiritual growth for as long as we practice them."

*A Guide to the Twelve Steps for You and Your Sponsor, pg. 16*

ANNEX (white bldg. cross on top) **diagonally opposite** 1<sup>st</sup> Presbyterian Church of Avenel  
Entrance and parking on left side of the building      Follow the OA signs to the meeting  
Located North of Woodbridge Shopping Center      Corner of Kirk St. & E. Woodbridge Ave.

1. GSParkway NORTH over Driscoll Bridge to Exit 127. stay straight in **left** lane onto Rte. 9 North toward Woodbridge, travel 3.5 miles to the **second light** (Quick Check on this corner) and **turn right** onto Avenel St.. At the next street corner **turn left** onto E. Woodbridge Ave. After you turn the church will then be on your right, the annex where we meet is on your left, it will be on the next corner, on your left. Cross on top of building is visible. Turn **left** for parking and the entrance.
2. GSParkway SOUTH onto US 1 North exit #130 toward Newark, travel 2.8 miles to the **fourth light** , **turn right** here onto Avenel St. see direction for #1
3. Menlo Park Shopping Center travel NORTH on Rte. 1 travel 3.5 miles and follow directions for #2.
4. Linden/Rahway Area: Starting point St. George Ave. Travel **south** through Rahway under railroad overpass (K-Mart will be on your left). Travel ½ mile and turn **left** at the **second light** onto Avenel St. (Washington Mutual Bank is on the left corner). Go to the **next light** (Rte. 1), make a **left** onto Rte. 1 North, get into the **right lane**, make an **immediate right** at the next corner (Kirk St.) The white church annex, parking, and entrance are on the second block, on your left **OR** stay on Avenel St. and continue to the next street corner, E. Woodbridge Ave. and follow directions for #1

Info: Bobbi 732-826-2033 or Margaret 732-326-1934/732-277-6762

