

Child Friendly OA Meeting

*Focus: Parenthood and Recovery from the disease of compulsive overeating
All those with a desire to stop compulsively overeating are welcome*

*No need to find a babysitter, . . . Your child is welcome
Bring your infant or toddler 0-5 years of age*



Thursdays 12:30-1:30pm

FIRST MEETING August 30th

Format: Literature, Meditation, Monthly Promises Meeting

Reformed Church of Highland Park Nursery Room

19-10 South 2nd, Ave. Highland Park

Contact Jennifer L+, 732-985-1497 or Heather 732-586-3443

Driving Directions

From South

Take NJ Turnpike to Exit 9 to Route 18 North. Exit on to Route 27 North (Raritan Avenue). Take it over the bridge and make a right at the third light on to South 2nd. Church on your left side. Park on street or in parking lot, behind the church. For the lot, make the first left after the church and turn left into the parking lot or you can turn into the lot from Rt. 27. If you are heading north on Rt. 27 and pass So. 2nd Ave., the next right turn is the parking lot.

From North

Take GSP to NJ Turpike Exit 9 and follow directions above.

From local area north or south of Highland Park

Take Route 27 (Raritan Avenue) to Sound 2nd and follow directions above.